

## Travelling to and from Your Healthcare Appointment within the County

If you live in Jämtland County, you can get financial aid\* from Region Jämtland Härjedalen for travel connected to medical care, healthcare treatment and dental care. Travel connected to preventative healthcare (e.g. health examinations and vaccinations) does not entitle you to financial aid. Parking fees, loss of income and food are not compensated. As a patient, you always pay 100 SEK per one-way trip, regardless of the mode of transport. This is called a co-payment.

When booking or being called to an appointment, it is *always the traveller's responsibility* to check that the time is suitable, and to think about how to get to and from the hospital appointment. *Region Jämtland Härjedalen takes no responsibility for how you get to or from a planned hospital appointment.*

The journey can be made by bus, train or private car. To receive financial aid, please send a financial aid for healthcare travel form (available at the clinic) and original tickets (bus/train) to County Public Transport. For public transport timetables, please go to [www.ltr.se](http://www.ltr.se)

### **For those who have a functional impairment or have significant difficulties moving or travelling by public transport for other medical reasons, the below rules apply.**

*Only if the care provider considers it to be motivated for medical reasons can the journey be made by taxi.* The care provider will, if appropriate, issue a special certificate to prove the medical need. Those who are approved for special transport services and can prove this may travel by taxi without a special certificate. Long distance, lack of public transport, unsuitable appointment time, unsuitable public transport times and poor finances are not valid reasons.

Please note that even if the use of a taxi has been approved for the journey to the hospital, it's not certain that it will also be approved for the journey back. A new medical assessment is made before the journey home.

Taxis are ordered via BC Jämtland (at least two weekdays before the journey for planned appointments). If you order a taxi in a different way, you have to pay for the additional cost. If you fall ill when the care centre is closed, please contact Healthcare Advice, telephone 1177, and they will assess your condition.

The Ordering Centre coordinates travel so that the costs can be kept as low as possible – you should therefore be prepared for co-travelling. For taxi journeys to/from Östersund Hospital, set arrival/departure times are therefore in place. The set arrival times for Östersund Hospital are 7.45 a.m., 9.30 a.m. and 1.00 p.m.

More information about healthcare travel and the related rules can be found on [www.regionjh.se/sjukresor](http://www.regionjh.se/sjukresor)

### Contact details for questions about healthcare travel

Address for Applications for Financial Aid  
 Länstrafiken, Särskild kollektivtrafik,  
 Hamngatan 14, 831 34 Östersund

Information about Healthcare Travel  
 Länstrafiken, weekdays 10.00 a.m. – 12.00 noon  
 Phone: 063-554 13 35

Ordering Travel  
 BC Jämtland, phone: 0771-82 00 83  
 Trains and flights, weekdays: 8.00 a.m. – 5.00 p.m.,  
 phone: 063-19 91 32  
 Urgent cases, other times: 0771-82 00 83

\* Between registered address and the nearest care provider assigned by Region Jämtland Härjedalen.